

**ADVANCED**

PLATFORM COMMITTEE

*presents*

**Young Adult Summer Retreat**

**JULY 1- JULY 4, 2022**

**Islam to Ihsan:  
The Roadmap**

**Best Western Premier Richmond City Gateway  
4303 Commerce Rd, Richmond, Virginia, 23234**





# YASR 2022 Overview

## Friday, July 1, 2022

- Arrivals
- Check in
- Dinner
- Lecture
- Activities/social

## Sunday, July 3, 2022

- Lectures
- Professional Development Workshop
- *Maymont* Outing
- Gala Night

## Saturday, July 2, 2022

- Welcome Address
- Lectures
- Volunteer opportunity
- *Surge Adventure Park* Outing

## Monday, July 4, 2022

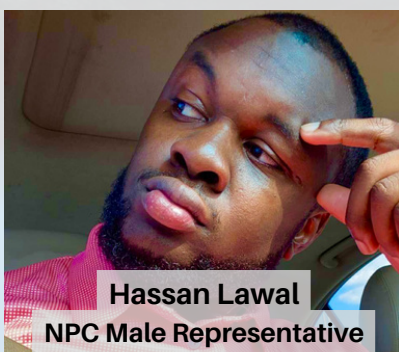
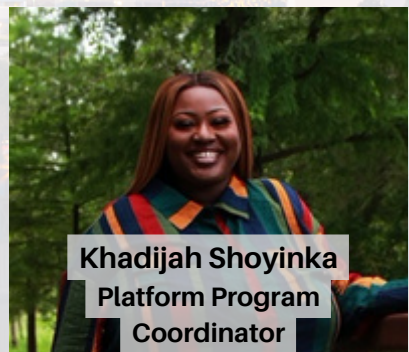
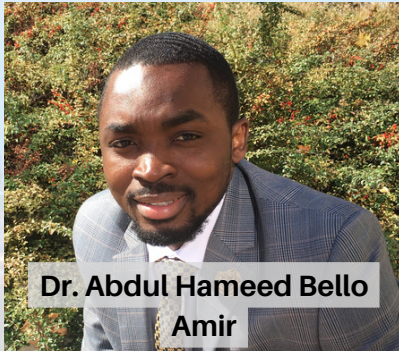
- Gender focused discussion
- Closing remarks
- Departures/ lunch-to-go





**The Young Adult Summer Retreat (YASR) promotes, spiritual, social and professional interactions among young Muslim professionals ages 18-39. This weekend, you will have the opportunity to network, gain Islamic knowledge, engage with community leaders, volunteer and have some much needed fun! YASR is coordinated by the Advanced Platform Committee (APC) Executive Board and APC volunteers.**

## **APC Executive Board 2022-2024**





**Advanced Platform Committee (APC) is the Youth Division of NCNMO-USA. Keep up with APC by following us on social media and staying connected in other ways!**



**@advancedplatform**



**@my\_platform**



**AdvancedPlatform Apc**



**advancedpltrm@gmail.com**



**Muslims on the Move: An Audio Experience**



**apc.ncnmo.org**

**Friday, July 1, 2022**

**3pm-6pm Registration/Social Hour**

**6pm-8:30pm Check In/ Dinner/ Social Hour**

**8:30pm Salat Maghrib & Isha**

**9pm-10pm Lecture - Faith (Iman): Actualizing Our Islam**

**Dr. Musodiq Laiyemo**

**10pm-11pm Activities / Social**





## Saturday, July 2, 2022

**4:30am - 5am Salat Fajr**

**7am - 8:30am Breakfast**

**8:30am - 9:15am Ice Breaker Activity**

**9:30am - 10:30am Welcome Address**

**Bro. AbdulSabur Bello**

**10:40am - 11:40am Lecture - Islam: Following the Basics**

**Ustadh Abdulkabeer Ishola**

**12pm - 1:15pm Lunch is served!**

**1:15pm Salat Zuhr & Asr**

**2pm Travel to Volunteer Location**

**2:30pm – 4:30pm Volunteer Opportunity/ Headshots\***

**4:30pm Volunteers Return to Hotel**

**5pm - 6:15pm Professional Development**

**Dr. Abdul Hameed Bello**

**Departure starts at 6:30pm Travel To Surge Adventure Park**

**7pm - 11pm Surge Adventure Park (Waiver Required)\*\***

**We will eat Dinner here**

**and pray Salat Maghrib & Isha**

**Departure starts at 11pm Return to Hotel**

**\*Sign up for your headshot time slot [here](#). Special thanks to [@afosphotos](#) on IG!**

**\*\*Surge Adventure requires attendees to sign a waiver.  
Please sign the waiver [here](#).**



**Sunday, July 3, 2022**

**4:30am - 5am Salat Fajr**

**7am - 8:30am Breakfast**

**8:30am - 9:15am Ice Breaker Activity**

**9:30am - 10:15am Professional Development Workshop - ASPIRE**

**Bro. AbdulSabur Bello**

**10:30am - 11:30am Lecture - The Importance of Mental Health**

**in Achieving Ihsan**

**Dr. Latifat Cabirou**

**11:45am - 12:45pm Lecture - Excellence Ihsan: Doing Our Best in Islam**

**Imam Bashir Agboola**

**1:15 pm Salat Zuhr & Asr**

**1:30pm - 2:30pm Lunch is Served!**

**Departure start at 2pm Travel To Maymont**

**3pm - 5pm Sight Seeing Outing to Maymont \* \*\***

**This only includes the outdoor wildlife habitats,  
the farm, and the gardens.**

**5pm - 5:30pm Return to Hotel**

**5:30pm - 7pm Break / Prep for Gala Night**

**7pm - 9pm Gala Night – Scarves & Ties**

**9pm Salat Maghrib & Isha**

**9:30pm - 11pm Activities/ Socializing**

**\*To go on the Maymont Mansion tour, purchase your tickets [here](#) for \$8.**

**\*\*To Visit The Robins Nature Center (also at Maymont) buy your ticket [here](#) for \$8.**





**Monday, July 4, 2022**

**4:30am - 5am Salat Fajr**

**7am - 8:30am Breakfast**

**8:30am - 9:15am Ice Breaker Activity**

**9:30am - 11:30am Gender Focused Discussions**

**Men and Women Separate**

**11:30am - 12pm Closing Remarks**

**1:15 pm Salat Zuhr & Asr**

**2pm To-Go Lunches & Departures**

## **YASR 2022 Speakers**



**Dr. Laiyemo is an Author and the Director of Clinical Research, Howard University College of Medicine. In addition, he oversees the Fellows Continuity Clinic in the hospital outpatient department. He is Board Certified in Internal Medicine & Gastroenterology and a Fellow, American College of Physicians. Dr. Laiyemo has published several papers and lectured nationally on internal medicine-centered topics.**



**Imam Abdulkabeer is one time Amir of Muslim Students Society of Nigeria, Ladoke Akintola University of Technology. He's currently the publisher of Jum'ah Nuggets on Medium - a weekly Islamic newsletter helping Muslims become better. He's equally an ardent dai' big on a journey of climbing spiritual heights. He also serves a Khatib to various local masjid and loves to connect people to Allah, follow the Sunnah and revive Islamic mannerism in the community. He is passionate about writing and reading.**

## **YASR 2022 Speakers, cont.**



**Dr. Latifat Caribou is an assistant professor of counseling psychology at Auburn University. She conducts research focused on immigrant racial, ethnic, and cultural minority experiences, and mental health help-seeking attitudes and behaviors. Dr. Cabirou also has a private practice where she provides therapy services to adolescents and adults, as well as mental health and diversity consultation services to community organizations. She can be reached at [cabirou@imoleps.com](mailto:cabirou@imoleps.com) and [www.imoleps.com](http://www.imoleps.com).**



**Imam Bashir Agboola is an experienced Islamic activist, and an Imam at Masjid Mubarak (NAIM) in Newark New Jersey where he has been involved over the years in various da'wah activities. A seasoned IT executive, he is the Chief technology Officer (CTO), for the nation's top ranked Orthopedic Hospital based in Manhattan, NY. He has also served on the boards of various religious and professional organizations, including the Islamic Education Foundation, and the Society for Information Management, NJ. He has an MBA degree in Finance from Rutgers University, Newark, a Master's degree in Computer Science from University of Lagos, Nigeria, and a Bachelor's degree in Computer Science with Economics from Obafemi Awolowo University (Nigeria).**

*Thank You*

**For attending YASR 2022!**

